



ANIMAL CARE FOR SENIORS AT HOME

Our Community caring for Our Seniors.
Proudly supported by St John's Community Care Ltd.
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NEWSLETTER

October 2016

From the Chair

Hello to all our wonderful people under the Banner of ACSAH doing great things for the dogs and cats of the elderly and infirm in our Community. Your efforts are really appreciated and welcomed.

ACSAH continues to go with the flow of the group whilst creating a solid structure and workable systems to make life in the volunteering world as easy as possible, and I sincerely thank Leanne and Graham for the amount of time and effort these two people have put into the transition of the records to the different aspects of our ACSAH life.

As you know we have the three Coordinators managing the services of our clients...what you don't know is that we have had a change of one Coordinator, a big thank you to Graham from me for taking on the role of Central Coordinator. I was floundering and finding it difficult to service the clients as I do have many other organisations which I am working with and finding time was really difficult for me. **Thank you Graham**, so if you get a strange man calling you on the phone...it is not a scam it is "Graham" to help you.

The Picnic in the Park was well attended and enjoyed by those who attended. We are

again thinking of another outing such as this and will discuss at our meetings for input from you, the members.

Our last meeting for the year will be in November, 21st, and we will go to the Red Beret Hotel Redlynch again, we will have our meeting there as well as stay on for dinner. ***The meeting will be short and sweet commencing at 5.30pm with dinner orders beginning at 6.00pm.*** We have made a change in the time to encourage those with work commitments to come along and join in the festivities. We will do Secret Santa again this year, but this year, let's all get gifts for people.. ***yes you....*** not the animals this year... ***the ones who do the work!!!*** Top value \$10 Good fun for all..... also bring along your husband, wife, partner, friend.. they will be most welcome. If transport is a problem please let us know, we may be able to organize a ride for you.

Thank you all again for what you do for the animals and putting the name of ACSAH out there, we really appreciate your dedication to our clients.

Kindest Regards,

Margaret

"Happy Pets ... Happy Homes"

Volunteer Profile - Terri McCarthy

How many years have you volunteered?

Terri: I began serious volunteering 3-4 years ago. My volunteering is with YAPS walking dogs at their facility and with ACSAH helping older people with their animals.

Now you volunteer for older people with pets - obviously you see the need there and you like animals. Have you always had pets?

Terri: Not until I was in my 20's. First I had a Terrier/Cocker Spaniel "Bluey" Later I had two mixed breed Terriers "Penny" and "Tuppence".

When my children were young we had two other dogs, both Blue Heelers, Bruce and Bessie. Bessie was really great with the children and a good guard dog.

What pets do you have now?

Terri: I have a cat.

So far how many ACSAH clients have you helped?

Terri: One regular client and two for short periods.

Are there any special standouts you can tell us about these ACSAH animals you help?

Terri: My regular dog "Sandy" is so excited when I arrive she almost turns somersaults - she really loves her walks. And she is very protective of her owner!

How much time do you put aside each week for ACSAH?

Terri: Three hours for walking, washing and talking with Sandy's owner.



Sandy (from Central Zone)



Why do you volunteer?

"Because I like doing it".

What is special about volunteering for ACSAH?

Because I can be involved with dogs and for the interaction with the older pet owners.

Is there anything you would like to say about ACSAH, our clients and their pets?

Terri: I'm happy volunteering for ACSAH, I like being there for the dogs, and I have some freedom to work with the client in a way that suits us both.

Calendar

Next General Meeting
4-00pm 17 October
at St John's, Redlynch

ACSAH News from the Northern Beaches

Thank you to all our volunteers. It was nice to catch up with some of you at the BBQ on the Esplanade. Hopefully you will be able to make it to our next social gathering.

At present 5 volunteers are walking dogs on the Northern Beaches. The walkers are Luisa, Tricia, Serena, John and me. Clare provided backup walking my client's dog at Kewarra Beach whilst I was away. John and I also bath dogs now that it is too difficult for our clients to do this.

This month we have a new client at Yorkeys Knob requiring walking and bathing for her dogs. Thanks to those who offered to help this client.

We do have some volunteers who have completed all the requirements needed except their first aid. We never know when the next client will need our help so it is nice to have volunteers waiting who have all qualifications. I know in the past we asked people to hold back on getting their first aid because the number of clients needing our service was small but this is changing so please do your first aid when you can.

I have placed more flyers at Smithfield Community Centre and a client has taken some flyers to the Trinity Beach Bowling Club. If you have any suggestions of other places that may not have already received our brochures please let me know.

Thanks to Tricia who promoted ACSAH at a Seniors Week talk. I believe that word of mouth between our clients and other seniors is a great way to promote ACSAH.

There has been a change in our meeting venue and every second meeting we will have the meeting at a venue in town. The last meeting was at Woree so the October meeting will be back at St Johns in Redlynch.

As always if you have any suggestions or questions please let me know. We are all still learning as we go but hope that we can raise the happiness and health of those pets that are the focus of our group.

Thanks
Annabelle Symes
Northern Beaches Coordinator ACSAH



Charlie - from Northern Zone

Zone Co-ordinator South Report

Since the last newsletter it has been business as usual for the Southern Zone volunteers and their clients. Three volunteers took some time for well-deserved breaks including one going on an overseas trip. Thank you to Alex, Helen and Graham for assisting with clients while the regular volunteers were away.

Cairns Community Health approached ACSAH to give some advice on pet care to one of their clients. The client resides in the southern zone and was visited by the Southern Zone coordinator who assisted the community health client.

Whilst volunteers might live in a particular zone it does not preclude them from volunteering in other zones. Some find that it works out well for them to call in on a client on their way home from work in town. ACSAH appreciates the dedication of all our volunteers and for this we thank you.

New to the Southern Zone are volunteers Maxine Graham and Maddie Martin. Welcome to ACSAH and thanks for choosing to volunteer to assist older people with their pets.

ACSAH ID Cards

ACSAH is providing photo ID cards for our Pet Assist Volunteers.

To arrange your photo ID card please contact Graham Wilson on 4045 3958 or 0427 839 122

Seniors' Week 2016

This year ACSAH had a significant presence at Senior's week.

Terri and Florence represented ACSAH at the *Positive Ageing Fair* at The Tanks.

Sioux was at the Smithfield Neighbourhood Centre.

Trish spoke to a group at the northern beaches.

Terri, Florence and Margaret represented ACSAH at St John's and Margaret was MC for the event.

September Meeting

The September meeting was held at the Cairns Local Disaster Coordination Centre at Woree commencing 5-30pm. Thanks to Sioux Campbell for organising the venue.

The later start gave the opportunity for some new faces to be present.



Terri and Florence representing ACSAH at the Positive Ageing Fair - Seniors' Week 2016



September General Meeting held at Cairns Local Disaster Coordination Centre Woree

ACSAH Contacts

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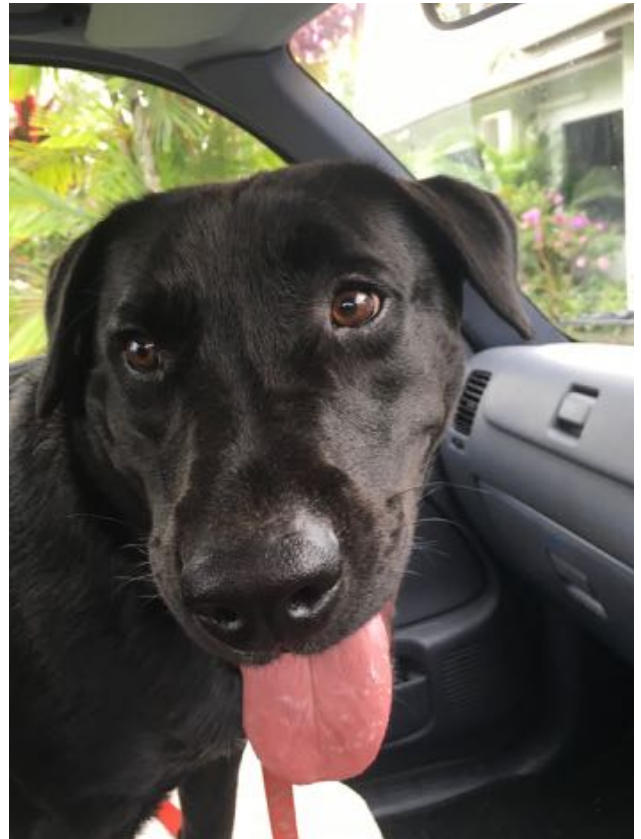
Our Zone Co-ordinators are

North – Annabelle Symes
0418 505 822
kash@internode.on.net

Central – Graham Wilson
0427 839 122
acsahcentral@gmail.com

South – Leanne Bartlett
4045 3958 or 0407 780 919
colalilydogs@gmail.com

ACSAH Email ACSAH also has a central email address which is regularly monitored cairnsacsah@gmail.com and an **After Hours** number 0421 815 359



"Hi I'm *Buster* from the Southern Zone. I'm a young fellow who is so energetic I have three ACSAH volunteers who walk me."

Pet Assist Volunteers

If you are going on holidays please let your Coordinator know in advance so that they can arrange a back-up volunteer for your clients.

Also, talk to your Co-ordinator if you need flyers or posters to promote ACSAH services.

First Aid and CPR Refresher

Pet Assist Volunteers - if your First Aid Certificate or CPR is due for renewal please contact your Zone Coordinator to arrange renewal.



ACSAH Social Barb-e-cue Saturday 6th August

AGSAH Social Barb-e-cue Saturday 6th August

